



# May 2019

**In Season Cherries**

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

[Empty box]

[Empty box]

Turkey, Bacon & Cheese Melt **1**  
Crispy Tator Tots  
Green Beans

Chicken Parmesan **2**  
Or Chicken Patty on Bun  
Crinkly Sweet Potato Fries

Assorted Classic Pizza **3**  
Romaine & Spinach Salad

French Toast Sticks **6**  
Sausage  
Orange Glazed Carrots

Nachos **7**  
w/ Meat & Cheese  
Refried Beans  
Golden Corn

Crunchy Chicken Tenders **8**  
Seasoned Rice  
Broccoli

Hamburger or Cheeseburger **9**  
On WG Roll  
Seasoned Potato Wedges  
Green Beans

Pepperoni Roll **10**  
w/marinara Sauce  
Romaine & Spinach Salad

Cheese Ravioli w/ sauce **13**  
Garlic Breadstick  
Green Beans

Toasty Grilled Cheese Sandwich **14**  
Campbell's Tomato Soup  
Glazed Carrots

Ultimate Chicken Bowl **15**  
Whole Grain Roll  
Chick Pea Salad

Breaded Chicken **16**  
Potato Salad  
Home – Style Baked Beans

Assorted Classic Pizza **17**  
Romaine & Spinach Salad

Chicken Fajita **20**  
Rice  
Broccoli

Chicken & Biscuits **21**  
Peas & Carrots

Baked Ham Slice **22**  
Mashed Potatoes  
Brussel Sprouts  
WG Dinner Roll

French Bread Pizza **23**  
Romaine & Spinach Salad

**No School 24**



Pulled BBQ Pork On Roll **28**  
Coleslaw  
Sweet Potato Wedges  
Turkey Sandwich

Tacos on Hard or Soft Shell **29**  
Refried Beans  
Golden Corn

Spaghetti w/Meat Sauce **30**  
WG Roll  
Cut Green Beans

Pepperoni Roll w/marinara Sauce **31**  
Romaine & Spinach Salad

## Announcements

**Available Daily:**  
Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day  
May Choose up to two (2)

**NY Milk Choices:**  
1% White, Skim White  
Skim Chocolate, Skim Strawberry (when available)

**Daily Choices:**  
Chicken Patty  
Cheeseburger, Hot Wrap of Day  
Deli Bar  
PB&J  
Chef/Grilled Chicken Salad  
NY Yogurt Parfait  
Smoothie

## Meal Prices

**Breakfast K-5 \$1.10**  
**Breakfast 6-12 \$1.25**  
**Lunch K-5 \$2.25**  
**Lunch 6-12 \$ 2.35**  
**Reduced .25**

Menu subject to change without notice.

This institution is an equal opportunity provider.