

Greene Elementary Menu

Health.e
LIVING



January 2019

In Season Oranges

Oranges are a great source of Vitamin C and Dietary Fiber

In addition, oranges are a good source of B vitamins including Vitamin B1, Pantothenic acid, and Folate as well as Vitamin A, Calcium, Copper, and Potassium



Monday

Tuesday

Wednesday

Thursday

Friday

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1

2
Chicken Patty on WG Roll
French Fries
Carrots
Turkey & Cheese Sandwich

3
Tacos on Hard or Soft Shell
Refried Beans
Golden Corn
Tuna Sandwich

4
Primary : Assorted Pizza
Italian Pepperoni
Roll w/Marinara Sauce
Romaine and Spinach Salad with Tomatoes, Fresh Cucumbers

7
French Toast Sticks
Sausage
Warm Apples
Roasted Cauliflower
Egg Salad Sandwich

8
Macaroni & Cheese
Whole Grain Roll
Peas
Egg Salad Sandwich

9
Crispy Chicken on WG Roll, Sweet Potato Fries
NY Milk, NY Apples
Turkey & Cheese Sandwich

10
Rotini w/ w/Homemade Meat Sauce
Garlic Bread Stick
Broccoli
Turkey & Cheese Sandwich

11
French Bread Pizzas
Romaine and Spinach Salad with Tomatoes and Fresh Cucumbers
Chick Peas

14
Rodeo Burger or Hamburger/ Cheeseburger on WG Roll
Sweet Potato Fries
Egg Salad Sandwich

15
Orange Chicken Over Rice
Oriental Veggies
Baked Egg Roll
Ham Sandwich

16
Sub Day !!
Turkey or Ham Sub
Crispy Tator Tots
Baked Beans
Tuna Sandwich

17
Ultimate Chicken Bowl
Whole Grain Roll
Corn
Tuna Sandwich

18
Assorted Classic Pizzas
Romaine and Spinach Salad with Tomatoes and Fresh Cucumbers

No School
MILK DAY
I HAVE A DREAM
#nutrystock - 238410280

22
Loaded Nachos with Meat & Cheese
Salsa & Sour Cream
Refried Beans
Golden Corn
Ham Sandwich

23
Crispy Chicken Tenders
Whole Grain Roll
Cheesy Rice
Seasoned Carrots
Tuna Sandwich

NY Thursday:
24
NY Hamburger or Cheeseburger on WG Roll, Seasoned Potato Wedges,
NY Milk, NY Apples
Turkey & Cheese Sandwich

25
Primary : Pizza Bagel
Italian Pepperoni
Roll w/Marinara Sauce
Romaine and Spinach Salad with Tomatoes, Fresh Cucumbers

28
BBQ Chicken Sub
Seasoned Rice
Roasted Broccoli
Turkey & Cheese Sandwich

29
Hot Dog or Cheesy Dog on Bun
Home-style Baked Beans
Tuna Sandwich

30
Turkey & Gravy over Stuffing
Glazed Carrots
Ham Sandwich

31
Toasty Grilled Sandwich
Campbell's Tomato Soup
Cut Green Beans
Egg Salad Sandwich

Announcements

Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
May Choose up to two (2)

NY Milk Choices:

1% White, Skim White
Skim Chocolate, Skim Strawberry (when available)

Daily Choices:

PB&J
NY Yogurt Plate

Meal Prices

Breakfast K-5 \$1.10

Breakfast 6-12 \$ 1.25

Lunch K-5 \$2.25

Lunch 6-12 \$ 2.35

Reduced .25

"USDA is an equal opportunity provider and employer"

Menu subject to change without notice.