

## GREENE TRAINING RULES

**Our message to Student Athletes is loud and clear and should be understood by all Stakeholders "NO USE".**

- a. A first offense by any student who is found in possession of and/or using tobacco (smoking, chewing, E-cigarette), alcohol, marijuana, cocaine, steroids, any performance enhancing food supplement, any other controlled substance, or misusing any other drug **anytime during the 365 day calendar year** will be suspended from contests for 25 participation days. On the 21<sup>st</sup> day, the student may practice, but will not be allowed to play in contests until after the 25<sup>th</sup> day. The student must be in attendance at all practices and contests during the suspension. A conference will be held with the parent/child and the Review Board.
- b. A second offense will result in a more long-term suspension. The parent/child will be granted a hearing before the Review Board. The student must be in attendance at all practices and contests during the suspension, but may not participate.
- c. Any student may be dismissed from the activity for insubordination or misconduct beyond the above stated infractions.
- d. Any student who has been dismissed from the activity will not be allowed to join another activity during that season.
- e. Any student who wishes to drop out of an activity and join another during the same season must first gain permission of both coaches/ advisors.
- f. Students must ride to and from contests away from Greene with their squad on the transportation provided by the school. Exceptions are to be requested in writing from the parents. Approval must be obtained from the Building Principal or his designated representative. The written permission will be given to the coach/advisor who will keep it on file.
- g. A student must attend school the whole day or be legally excused for reasons other than illness to be eligible to participate in a practice or activity on that day.
- h. Students participating in activities during the school week are expected to attend school the whole day following the activity in question in order to be eligible to practice the following day.
- i. Positive communication is encouraged between the academic teachers and the coach/advisor in order to motivate students to perform in an academically satisfactory manner.
- j. It should be known that any student who is suspended for a period of time from an activity for a total exceeding more than five days for breaking the Extra-Curricular Code of Conduct will not be eligible for a letter award in that activity, but may receive some other form of recognition for participation. A

student who is dismissed from an activity will not be eligible for any letter award or recognition for that season.

- k. Coaches may establish additional rules and regulations with the knowledge of the athletic administrator for their respective sports. These additional rules for a particular sport must be stipulated in writing to all team members and parents and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and shall be administered by the coach. Copies of all additional team rules by coaches are on file on the athletic office.
  
- l. When committing to a sport, athletes are expected to attend all practices, team activities, and contests that take place Monday through Saturday. The sport that they sign up for in that particular season comes 1<sup>st</sup> above any out of season sports.