**Drug Awareness: Recommendations**

**For Parents**

1. **Throw out the idea that your children should have privacy.**
   1. Know what your children are doing;
   2. Who they hang out with;
   3. What they and their friends are saying
2. **Educate yourself on the slang your kids use**
3. **Don’t blindly trust**
   1. Trust, but verify
   2. Check on them at parties.
   3. Show up unexpectedly
4. **Ensure you have access to communications and know how to use social media**
   1. Know their passcodes for phones and social media
   2. “Friend” them on social media, so you can see what they post.
5. **Look for behavioral changes and investigate why they are happening**
   1. Changes in school performance
   2. Apathy toward personal hygiene
   3. Changes in the people they hang out with